

# Rebecca A. Cobb

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## EDUCATION

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- Ph.D. 2014                      Marriage and Family Therapy  
Florida State University (FSU)  
Tallahassee, FL
- M.S. 2009                      Child Development and Family Studies  
Marriage and Family Therapy Specialization  
Purdue University Calumet (PUC)  
Hammond, IN
- B.S. 2005                      Psychology  
Westmont College  
Santa Barbara, CA

## PROFESSIONAL CREDENTIALS

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- 2017                      AAMFT Certificate in Leadership
- 2015                      AAMFT Approved Supervisor (Member ID #123509)
- 2014                      Licensed Marriage and Family Therapist, Washington  
(License No. LF 60471759)
- 2014                      Certificate, Educational Measurement and Statistics, Department of  
Educational

- STMC 5230 Professional Ethics and Law
- STMC 5500 Family Therapy Theory
- STMM 5520 Family Systems in Ministry
- STMC 5550 Clinical I
- STMC 5570 Clinical III
- STMC 5580 Clinical IV
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- Conducted research to assess drug use, mental health, and family dynamics of East Chicago residents for a project funded by a Strategic Prevention Framework State Initiative grant (funded through SAMHSA).
- Wrote annual epidemiological report and presented findings to local agencies.

2007

**Project Manager, PUC***Supervisor:* Dave Nalbone, Ph.D.

- Conducted countywide research and survey to identify strengths and weaknesses in provision of domestic violence victim services.
- improvement of services.

2005-2006

**Editorial Assistant, *The International Journal for the Psychology of Religion* (IJPR), Santa Barbara, CA***Supervisor:* Raymond Paloutzian, Ph.D.

- Assisted the editor with journal publications, maintained contact with authors and reviewers, and performed administrative duties as needed.

2005-2006

**Office Administrator, Psychology Department, Westmont College***Supervisor:* Thomas Fikes, Ph.D.

- Recorded and filed data (e.g., documentation for program review, budget requests).
- Maintained
- Planned and organized student workshops and other events.
- Supervised student employees and assistant secretary.

2005

**Assistant Secretary, Westmont College, Department of Psychology***Supervisor:* Brenda Smith, Ph.D.

- Welcome visitors and assist students
- Assist professors in preparing class materials

2004-2006

**Personal Care Staff, Devereux Foundation, Goleta, CA***Supervisor:* Amy West

- Provided support and assistance in a residential setting to adults diagnosed with developmental disabilities and psychological disorders.

## COUNSELING EXPERIENCE

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2016-Present **Therapist and Therapy Supervisor, Dr. Rebecca Cobb, PLLC, Seattle, WA**

- Perform individual, couple, and family therapy within a personally owned and maintained private practice setting
- Perform individual and group supervision to LMFTAs seeking full licensure

- 2012-2014 **Therapist**, Family Counseling Services, DISC Village, Tallahassee, FL  
*Supervisors:* Daniel Lettenberger-Klein, M.S., Larry Barlow, Ph.D., & Wayne Denton, M.D., Ph.D.
- Performed individual, couple, and family therapy.
- 2009-2013 **Therapist Intern**, FSU Center for Couple and Family Therapy, Tallahassee, FL  
*Supervisors:* Lenore McWey, Ph.D., & Larry Barlow, Ph.D.
- Performed individual, couple, and family therapy.
- 2011 **Therapist Intern**,  
*Supervisors:* Brenda Rabalais, Ph.D., Lenore McWey, Ph.D., & Larry Barlow, Ph.D.
- Performed individual and family therapy with adults and children coping with grief, loss, and trauma.
- 2008-2009 **Therapist Intern**, Samaritan Counseling Center, Munster, IN  
*Supervisors:* Mark Killmer, M.Div., Psy.D., Lorna Hecker, Ph.D., Joseph Wetchler, Ph.D., & Jennifer McComb, Ph.D.
- Performed individual, couple, and family therapy at Christian Community Homeless Shelter.
- 2007 **Therapist Intern**, Couple and Family Therapy Center, Hammond, IN  
*Supervisors:* Lorna Hecker, Ph.D., Joseph Wetchler, Ph.D., & Jerome Berick, M.S.W.
- Performed individual, couple, and family therapy.
  - Performed substance abuse and anger management group therapy.

## PUBLICATIONS

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- Eppler, C., **Cobb, R. A.**, Bien, S., & Wright, T. (in press). Epistemological intersections of Buddhism and narrative family therapy. *Journal of Systemic Therapies*.
- Eppler, C., **Cobb, R. A.**, Bien, S., & Wright, T. (in press). Integrating Buddhist-informed interventions into narrative family therapy. *Journal of Systemic Therapies*.
- Eppler, C., **Cobb, R. A.**, & Wilson, E. E. (2020). Multifaith perspectives on family therapy models. *Journal of Family Psychotherapy*, 31, 1-35.
- Cobb, R. A.**, & Theriault, E. (2019). American Indian and Alaskan Native death culture: Culturally appropriate practices for working with bereaved families. In B. Counselman-Carpenter & A. Redcay (Eds.), *Working with grief and traumatic loss: Theory, practice, pers*



- Cobb, R. A.** (2019, June). WAMFT student member featured in the Seattle Times. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2018, December). Outstanding volunteer service in couples and family therapy. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2018, October). Proposed WAMFT bylaws revisions. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2018, July). Family of systems theories. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, May). Mentor Day. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, December). WAMFT year in review. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, December). Board member highlight: Rebecca Cobb. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, December). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, October). Celebration of the WAMFT conference reimagined. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, October). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, September). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Wiggins, T., & **Cobb, R. A.** (2017, August). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, July). A \_\_\_\_\_ divisional contribution award. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, July). Board report. *Washington Association for Marriage and Family Therapy eNews*.
- Cobb, R. A.** (2017, June). \_\_\_\_\_ . *Washington Association for*



- Cobb, R. A.** (2017, November). *The Gottman method and Bowen's theory: An integrative approach to couples therapy*. Family therapy roundtable symposium presented at the annual meeting of the National Council on Family Relations, Orlando, FL.
- Williams, N., Nalbone, D., Murphy, M., & **Cobb, R. A.** (2017, November). *African American discipline experience and conflict management in adulthood*. Poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL.
- Eppler, C., **Cobb, R. A.**, & Chilivis, N. (2017, October). *Interfaith perspectives on family therapy theory*. Workshop presented at the annual meeting of the American Association for Marriage and Family Therapy, Atlanta, GA.
- Eppler, C., & **Cobb, R. A.** (2017, September). *Culture, faith, and film in family therapy*. Paper presented at the annual meeting of the Washington Association for Marriage and Family Therapy, Seattle, WA.
- Cobb, R. A.**, & Morgan, A. (2017, March). *Supervision collaboration in MFT training: University and agency best practice guidelines*. Paper presented at the annual meeting of the International Family Therapy Association, Malaga, Spain.
- Bradley, K., & **Cobb, R. A.** (2016, September). *Ethical considerations for MFT-clergy collaboration*. Paper presented at the annual meeting of the American Association for Marriage and Family Therapy, Indianapolis, IN.
- Cobb, R. A.** (2016, March). *Couples treatment for intimate partner violence: An experimental survey of MFTs*. Paper presented at the annual meeting of the International Family Therapy Association, Kona, HI.
- Cobb, R. A.** (2015, November). *MFTs' endorsement of couples treatment for intimate partner violence*. Poster presented at the annual meeting of the National Council on Family Relations, Vancouver, BC, Canada.
- Cobb, R. A.**, Okafor, E. S., Schwab, E. T., & Scott, J. C. (2014, March). *The ethical use of social media in #MarriageandFamilyTherapy: Suggested guidelines*. Paper presented at the annual meeting of the International Family Therapy Association, Panama City, Panama.
- Baker, L. R., **Cobb, R. A.**, Lambert, N. M., Fincham, F. D., & McNulty, J. K. (2014, February). *Relationship self-efficacy prevents intimates from ending abusive relationships*. Poster presented at the annual meeting of the Society for Social and Personality Psychology, Austin, TX.
- Cobb, R. A.**, DeWall, C. N., Lambert, N. M., & Fincham, F. D. (2012, March). *Does believing your relationship can grow relate to lower perpetration of violence?* Poster presented at the annual meeting of the International Family Therapy Association, Vancouver, BC, Canada.



**Cobb, R. A.**, Lambert, N. M., Baker, L. R., Fincham, F. D., & McNulty, J. K. (2011, November). *When believing in your relationship hurts: Relationship efficacy and IPV*. Paper presented at the annual meeting of the National Council on Family Relations, Orlando, FL.

Priest, J. B., Edwards, A. B., Wetchler, J. L., Gillotti, C. M., **Cobb, R. A.**, & Walsh, C. E. (2011, March). *Gender roles in*







*lantern floating 2015*. Short film produced by the Shinnyo-en Foundation, San Bruno, CA.

SERVICE

2014-Present **Volunt**