

K I M B E R L Y L Y N N R I L E Y

3832 EASTHAVEN AVE BREMERTON WA 98310
(360) 440-

EDUCATION

DSW University of Southern California, Los Angeles, CA August, 2020

March, 2017

Concentration: Couples and Family Therapy

BA Brandman University, Irvine, CA December, 2012

Concentration: Psychology

SKILLS

- Creative / Innovative
- Understanding
- Adaptable
- Relatable
- Contributing Team Member
- Cultural Awareness
- Effective Communication
- Project Design
- Narrative Therapy
- Child Mental Health Specialist

PROFESSIONAL EXPERIENCE

Assistant Clinical Professor

Seattle University, Couples and Family Therapy Program, Seattle, WA

Seattle University is

dedicated to educating the whole person, to professional formation, and to empowering leaders for a just and humane world.

Licensed Marriage and Family Therapist

- Create individual, couples, and family centered treatment plans. Provide culturally aware therapeutic treatment by using appropriate theories. Assist individuals and families with finding hope and meaning in past experiences using family systems theories. Provide reduced cost or no cost therapy to individuals and their families. Create and maintain a business structure for the therapeutic setting. Participate in community events as a speaker and workshop leader.

- 3-part series, Bremerton, Washington.
- Guest Presenter, Undergraduate Abnormal Psychology, Seattle University (2020)
Discussed anxiety and panic disorder treatment, Narrative Therapy, and preventative therapy for children living in poverty during one section in one quarter. The section had 33 students.
 - Riley, K.L. (2020) Understanding How to Use Your Cultural Background to Remain Resilient in Your Community. Slides presented during Kitsap Strong 3rd Annual Resiliency Summit, Bremerton, Washington.
 - Riley, K.L. (2021) Understanding How to Help Your Client Use Their Cultural Background to Remain Resilient in Their Community. Continuing Education Workshop presented for National Association of Social Workers-Washington State Chapter.
 - Co-Supervisor (AAMFT Approved Supervisor Candidate), STMC 5560 Clinical II, Seattle University, Winter Quarter 2021, Co-supervising Couples and Family master level students through developing individual, couple and family treatment plans and case conceptualization.
 - Co-Supervisor (AAMFT Approved Supervisor Candidate), STMC 5570 Clinical III, Seattle University, Spring Quarter 2021, Co-supervising Couples and Family master level students through developing individual, couple and family treatment plans and case conceptualization.
 - Adjunct Faculty, Supervisor (AAMFT Approved Supervisor Candidate) MCFT 5580 Clinical IV, Seattle University, Summer Quarter 2021, Supervising Couples and Family master level students through developing individual, couple and family treatment plans and case conceptualization.
 - Adjunct Faculty Instructor, PSYCH 2313 Cultural Psychology, Northwest University, Summer B 2021, Teach online undergraduate college students about the relationship between psychology, culture, and social justice.
 - Course Re-Developer, PSYCH 2313 Cultural Psychology, Northwest University, Re-develop the current online Cultural P

- Instructor, Ministry and People - An Introduction to Counseling, Kitsap School of Ministry, Fall 2021, Teach students about the process, person, and skills used in formal healing relationships (relational, spiritual, emotional, or behavioral).
- Riley, K.L. (2021) Culture and Race. Cultural awareness and sensitivity training for foster care parents and providers, presented for Community and Family Services Foundation.
- Co-Supervisor (AAMFT Approved Supervisor Candidate), MCFT 5560 Clinical I, Seattle University, Fall Quarter 2021, Co-supervising Couples and Family master level students through developing individual, couple and family treatment plans and case conceptualization.
- Riley, K.L. (2021) Life before, during, and after Covid: Learn how to remain resilient through it all. Slides presented during Kitsap Strong 4th Annual Resiliency Summit, Bremerton, Washington.
- Riley, K.L. (2021) Hope and Resilience. Slides presented during Kitsap Regional Library Anti-Racism Learning Circle for One Book, One Community.
- Adjunct Faculty Instructor, PSYCH 2313 Cultural Psychology, Northwest University, Fall B 2021, Teach online undergraduate college students about the relationship between psychology, culture, and social justice.
- Adjunct Faculty Instructor, PSYCH 3443 Social Psychology, Northwest University, Spring A 2022, Teach online undergraduate college students about attitudes, communications, prosocial, and anti-

- Therapy for Black Girls Member: 2021-Current
- Washington Therapy Fund Foundation Provider: 2021-Current
- AAMFT Approved Supervisor: 2022-Current
- CAMFT Member: 2023-Current

COMMUNITY INVOLVEMENT

- PYA (Partnering for Youth Achievement) Mentor, Bremerton, WA: 2010-2014; 2020-2021
- Co-facilitator/Facilitator, Journey to Freedom, YMCA Kitsap County: 2014-Current
- Marriage Class Co-Facilitator: Newlife Church, Silverdale, WA: 2015-2018
- Olympic High School Registered Volunteer, Silverdale, WA: 2016-2020
- Fairview Middle School Registered Volunteer, Silverdale, WA: 2016-2018
- YMCA Design Team member, Bremerton/Tacoma, WA: 2020-2021
- Kitsap Strong Leadership Committee Member, Bremerton, WA: 2020-Current
- West Sound YFC Volunteer, Bremerton, WA: 2020
- DCYF Strengthen Families Locally Partner, Bremerton, WA: 2020-Current
- Kitsap Professional Leaders of Color Steering Committee Member, Bremerton Washington: 2020-2023
- Kitsap Community Resources Head Start, Mental Health/Behavior Consultant: July 2022-Current
- Bremerton School District, Personal Services Contracted Provider: October 2022-Current
- Kitsap Health Equity Collaborative Member: November 2022-Current
- Kitsap County Commission on Children and Youth Board Member, Kitsap County Washington: 2023-Current
- Kitsap Strong Leadership Board Secretary, Bremerton, WA: 2023-Current
- Kitsap County Health Department Child Death Review: Suicide Panelist: 2023-Current
- Kitsap County Commission on Mental Health, Chemical Dependency and Therapeutic Court Community Advisory Committee: 2024-Current
- Kitsap County Health Department Child Death Review: Accidents Panelist: 2024-Current

LICENSES / CERTIFICATES

- (2016)
- Washington Child and Adolescent Needs and Strengths (CANS) 5-20 certified (2016-2018)
- Washington State Licensed Marriage and Family Therapist Associate #MG60750521: (2017-2020)
- Washington State Licensed Marriage and Family Therapist #LF61000202: (2020-Current)
- Washington State Mental Health Practitioner (MHP) (2017)
- Washington State Child Mental Health Specialist (CMHS) (2017)

- Certificate of completion in Motivational Interviewing training (2017)
- Certificate of achievement in Psychological First Aid (2018)