

EDUCATION

- Ph.D.**, Counselor Education and Supervision **Aug. 2022**
University of the Cumberland, Williamsburg, KY – *CACREP-accredited program*
Chi Sigma Iota Honor Society, GPA: 4.0
Specialization: Leadership
Dissertation: *An Exploration of the Counselor Educator Instructional Effectiveness Factors Impacting the Professional Identity Development of Counselor and Counselor Educator Trainees*
- M.A.**, Family, Youth, and Community Science **Dec. 2004**
University of Florida, Gainesville, FL
- Ed.S.**, Marriage and Family Counseling and Mental Health Counseling **Dec. 2001**
M.Ed., Marriage and Family Counseling and Mental Health Counseling **Dec. 2001**
University of Florida, Gainesville, FL – *CACREP-accredited program*
- B.S.**, Psychology **Dec. 1998**
University of Florida, Gainesville, FL

LICENSURE and CERTIFICATIONS

- LPC008523**, Licensed Professional Counselor – Georgia
CPCS2166, Certified Professional Counselor Supervisor – Georgia
Certified Anger Management Specialist
Certified Integrated Case Manager – Basic
Crisis Intervention Training - Youth (CIT-Y) Train the Trainer
Certified Facilitator:
- Mindfulness Based Stress Reduction for Teens (MBSR-T)
 - Nurturing Parent
 - SPARKS
 - The Matrix Model
 - The Seven Challenges
 - Thinking for a Change

PRESENTATIONS

- Heaton, K., & **Joseph, L.** *Self-Care: A Counselor's Ethical Imperative* [Virtual conference presentation]. Mississippi Licensed Professional Counselor Association (MLPCA) Annual Conference 2023: Counselor's Excel Together.
- Heaton, K., **Joseph, L.**, & Brewer, J. *Let's Talk About Sex: Creating Safe Spaces for Teens to Discuss Sex and Sexuality* [Conference presentation]. 2023 Bridging the Gap Symposium, hosted by the NBCC Foundation (NBCCF). Atlanta, Georgia.
- Joseph, L.** & Heaton, K., (2022, April 28). *Creative supervision approaches to foster supervisees' social justice competencies* [Virtual conference presentation]. CSI Omega Mu Gamma chapter's Online Social Justice Symposium 2022.
- Schmuldt, L., Heaton, K., & **Joseph, L.** (2022, April 15). *Getting unstuck: Utilizing an adapted EMDR approach to supervision* [Webinar presentation]. University of the Cumberland

Department of

<http://www.saces.org/resources/Documents/FALL%202021%20SACES%20Newsletter%20Final%5B1%5D.pdf>

Joseph, L. & Brewer, J. (2021). Tips for counselors to build resilience in children and adolescents during COVID-19. *ACAC Newsletter*, November 2021.

<https://secureservercdn.net/166.62.108.229/61f.465.myftpupload.com/wp-content/uploads/2021/12/ACAC-Newsletter-November-2021.pdf>

PROFESSIONAL AFFILIATIONS

- American Counseling Association (ACA)
 - American College Counseling Association (ACCA)
 - American Rehabilitation Counseling Association (ARCA)
 - Association of Counselor Education and Supervision (ACES/SACES)
 - Association for Multicultural Counseling and Development (AMCD) Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE)
- Chi Sigma Iota, Professional Honor Society – Chi Psi Omega

CLINICAL EXPERIENCE

Behavioral Health Triage Team Lead: *Elevance: Amerigroup, Georgia Families 360*

May 2018 to present

- Use appropriate assessments and clinical knowledge, skills, & judgment to identify member's individual needs and assure that medically

- Facilitated and/or participated in Team Meetings (i.e., RBWO Monthly Meetings, Child and Family Team Meetings, Transition Planning Meetings, DJJ Utilization Reviews, etc.) or provide treatment summaries for clients
- Served as an advocate for clients and their families by collaborating and consulting with team members and other providers and entities in the provision of best care services
- Participated in the rotation of providing after-hours and holiday coverage with other members of team/program
- Maintained client records, using an electronic medical record (KaleidaCare and Care Logic), including documentation of clinical interactions, behavioral health assessments, and individual service plans

Clinician: *Family Intervention Specialist (FIS) – Subcontractor*

July 2011 to May 2014

- Conducted and documented Mental Health Assessments, including mental status exam, DSM diagnosis, and clinical formulation, to obtain information concerning social and treatment history, as well as other pertinent information to determine the most suitable services for client
-

Oct. 2002 to Aug. 2003

- Provided individual and family counseling sessions for students with complex needs that resulted from behavioral, emotional, and/or developmental problems
- Organized and conducted anger management/stress reduction and substance abuse/drug awareness groups for Institute students
- Facilitated Treatment Team meetings with client's case manager, parent/guardian, academic advisor, and client
- Conceptualized/coordinated behavior modification systems to enhance positive/appropriate student behavior
- Conducted staff trainings on pertinent information related to adolescents and their mental health needs
- Created/maintained student databases compiling demographic, educational, treatment, and special alert information

REFERENCES

Available upon request