

Jasmine Pickens

Qualifications Summary

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- Serve as an on-site field instructor for doctoral interns.
- Manage monthly audits to improve hospital efficiency and staff performance.

Manager of Social Services

June 2019-April 2022

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REFERENCES AVAILABLE UPON REQUEST

Conducted weekly individual, family, and group therapy sessions with clients of all ages.

Maintained a caseload of 50-60 clients and authored treatment plans and progress notes.

Served as a member of the Crisis Intervention Services team.

Presentations, Publications, and Proceedings

Pickens J. (2019) Beavin, Janet. In: Lebow J., Chambers A., Breunlin D. (eds) Encyclopedia of Couple and Family Therapy. Springer, Cham

Pickens, J. and Seshadri, G. (2019, June). Parental Expectations of Black sons in regards to sports involvement and their view of success. Collected works presented at the annual meeting of the American Family Therapy Academy, Oakland, CA.

Pickens, J. and Seshadri, G. (2019, June). How can we support our Black mothers who have experienced incest abuse? Literature review presentation at the annual meeting of the American Family Therapy Academy, Oakland, CA.

Leadership

- Demonstrated Leadership Excellence
 - Consistently recognized for leading multidisciplinary teams in a psychiatric facility to foster a culture of collaboration and continuous improvement.
 - Reduced staff turn over by fostering a collaborative and humanistic leadership approach, creating an environment that encouraged work-life balance and supported employee well-being.
- Strategic Visionary
 - Developed and implemented long-term strategies that enhanced clinical operations such as:
 - Introduced Reiki and yoga sessions into hospital programming, enhancing holistic development for patients in acute psychiatric care.
 - Implemented evening group programming to reduce idle time and patient aggression, leading to improved care flow and a more therapeutic environment.
- Mentorship and Development
 - Mentored and guided emerging leaders, including social services managers, supervisors, and doctoral interns through hand-on training and support, promoting professional growth and development.

REFERENCES AVAILABLE UPON REQUEST

